

SATSANG VOL. 39 NO. 2





Northern Poland Stone Circle Activations









NEW ERA 68

JUNE, 2011

Perform Agnihotra



### Heal The Atmosphere

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#### CONTENTS

Northern Poland Stone Circle ActivationsSynchronicity in Motion	3
Healing with Homa Therapy	13
From Shree Vasant's Teachings	14

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Cover, clockwise from top left: Kabir performing Yajnya for the activation at Babi Dol; stone circle at Wiesory, place of activation; Leela snuggling baby stone; Fire and Sound Healing in Wiesory stone circles; Leela, Parvati and Asia with stone that breathes at Wiesory; fire for activation at magical Babi Dol.

## Northern Poland Stone Circle Activations--Synchronicity in Motion

Parvati Rosen-Bizberg Wysoka, Poland

In what can only be described as "Synchronicity in Motion," eight Bhrugu Aranya Homa farm residents (Jarek and Parvati Bizberg, Jacob, Katy, Kabir and Leela Sawyer, Asia Maher, Barry Rathner ) and Anne Godfrey visiting from Tapovan Homa Centre in India, embarked on a five-day activation journey through northern Poland on April 26, 2011.

An activation is a subtle process to awaken and release healing energies locked in the soil, stones, trees and water at ancient sacred sites. Our activations all begin with Fire. If it is at sunset, we perform Agnihotra; if not, we begin with Vyahruti Homa, followed by other specific Sanskrit mantras. Each activation is individual, guided in the moment.

Urged beforehand by Orion to move in harmony, though the thought remained in mind, its execution was rather flawless and natural as we made decisions as a group, carried them out as a group and came closer to one another on levels both recognizable as well as more subtle. We were, in short, one family.

Nature complemented our work--we were bathed in sunshine and spring-like temperatures, in sharp contrast to the periods of unexpected snowfall that came two days after our return to Bhrugu Aranya. Signs that Orion had stated specifically as well as implicitly before the trip unfolded before our eyes. When at times it seemed we were possibly lost as our GPS/navigator guided us through barely passable forest roads, we came upon ancient burial mounds and stone circles we had not been aware of--a further sign of how truly guided our trip was.

The mood was light and joyous, though clear and focused at the same time.

It was an exciting, yet at times humbling, experience that was undertaken not a moment too early, not a moment too late, as Orion stated at the beginning of the first activation in Odry.

#### April 27, 2011

Odry is said to be one of the largest groups of stone circles in Europe. We were fortunate to be able to arrange to rendezvous there with our friend Zosia, a Light worker who lives near Warsaw. She knows the stone circle region very well and offered to be our guide for the day. We met her at the entrance to Odry.

In Odry, we were led to the Ellipse, which is considered to be a site of great power. It is a clearing in the midst of a circle of trees. The soil is sandy, unlike the rest of the park, and no trees grow in that naturally formed glade. Wild blueberry bushes grew everywhere else throughout Odry but not in this circle. It is said that a pyramid is buried under the ground!

When we walked there, my pragmatic mind all but dismissed the tales of power which I'd heard. Then, I was surprised to feel an immense love and energy at the site. I immediately heard the message from Orion:

#### "Yes. Yes. Yes. Note the timing is exact. Not a moment late, neither early.

"Below this ground lies a tunnel. Myths are only partially correct. Indeed, the energy of the pyramid is returning to activate that which lies underneath, as well as that which rises above."

It was not till after reading the message to the group that Zosia spoke through a translator, saying that there was rumored to be a tunnel underground!

During the fire we performed there, I saw many ancient-looking, translucent figures congregating all around in all trees surrounding the Ellipse. I saw them enter from the top of the circle and fan out all around in the forest surrounding where we sat with our crystal bowls, drum and Fire. Later, when we all shared what we experienced, Zosia told that she saw Light Beings walking down from the path at the top of the circle. I had not told her where I had seen them begin. We saw the same thing.

#### Orion continued:

"Here rest one Moldavite chip in the ground directly underneath where the fire was performed. Do so quietly. Let the others move ahead. You and Jacob bury the chip with Kabir's hand into the ground. Others move on."

We left the magical Ellipse and walked in silence toward the first of many stone circles. As we approached the circle, I began to hear the stones speak!

The largest stone spoke. Gnoff was his name, he told.

"We are transmitting through you who listen about the world beneath the earth. There are parallel worlds. This you know already. Our voices have long been stilled. Those of you who have come now to us, simply receive our joyous blessing . We will see the changes in structure of Earth and oh, rapidly they are coming. You must align yourself with, as well as work very closely with, the energies of sacred stones."



Portal at Odry, marked by two standing stones. One felt warm, one felt cold. (From left, Leela, Barry, Kabir, Parvati, Katy)

The next was a smaller circle of stones and I intuited that it was the Children's Stone Circle--identified as the silent stone. There I heard simply,

#### "Water lies beneath us."

The Gateway at largest circle was very interesting. There were two large standing stones forming a gateway, it seemed, which was common at most of the circles we saw. It was my 10-year-old grandson Kabir who first commented that one of the large stones was cold and the other was quite warm. It was not due to the sun shining on one and not the other, as in fact the one which was cold was the one more directly in the sun! We felt that one was the female stone and the other the male. We all agreed the temperature difference between these two large standing stones was remarkable. It wasn't until we returned that we read Orion's original message instructing us to check out the temperature variations at the sacred sites and especially, the stones. We noticed this similarly at Wiesory, the next activation, as well. As we walked through the 'gate,' I heard Orion:

#### "Yes. Yes. Enter the portal."

Each of the stone circles was numbered. We performed our activation in #5 stone circle framed by the forest. The energy of this

circle was very powerful. Orion spoke:

"Yes. Yes. This circle is that of Divine Mother. Receive her blessings, dear ones.

"The circles here correspond with specific star alignments. They are not a random design. As on earth, so in the heavens. It is quite a complex configuration.

"That which is seen and unseen, that which is heard and that which shall remain ever silent--all converge into one.

"The portal is now opened. From this site, this sacred geometrical configuration, the energies release.

"Continue your work all throughout the sacred sites of various regions in Poland. All sacred sites are being awakened now. It is like a network of Lights which, once activated, will shine all at one time.

"This is an intense time. This is when all masks are exposed and veils removed.

"Blessings to all." OM."

Before we did the activation, Kabir had commented to his dad that, "I bet if you got up in a helicopter and flew over and looked down



Left: Jarek and Parvati entering the portal at Wiesory stone circles.

*Right: Listening to the stone breathe at Wiesory* 



on this place, it would look like constellations." When we read more about Odry site we saw that, indeed, it was said to reflect the form of constellations.

We left Odry and drove to a rented apartment in a nearby village, had a celebratory meal all together and slept like babies. The next morning, we drove on to Wiesory, a few hours away.

The sacred stone circle site of Wiesory is often considered to be the feminine counterpart to the more masculine energy at Odry. It was more inviting, softer and sweeter than the intense energy at Odry.

#### April 28, 2011 WIESORY

Two large standing stones again formed an entranceway to a series of stone circles. Leela, my 6-year-old granddaughter, leaned into the one rock and said, "This stone is breathing!" I had been leaning into the same rock and had felt it breathing in and out, but had not yet commented. It was amazing how clearly the children felt the stones and were able to articulate what they experienced.

At some of the stone circle sites, there were also large mounds of earth covered with stones and shrubs. These were ancient burial mounds. We all felt great female energy emanating from the largest standing stone in the center of the largest burial mound in Wiesory. I felt so drawn to it. The stone spoke to me, very clearly and lovingly:

"Walk in Light, dear ones, who have come to bless us. Walk in light. This is the valley of the sacred where our ancestors are buried and our ancestors' bones. You have come in the sacred earth period during which our ancestors offered oblations to the gods.

We had many gods, Holy Beings which now have lost their homes but who still exist. You are tapping into the Truth and Truth remains unchanged, unchanged as the stone circles you recognize for their sacred properties.

The stones which have formed here and those which were installed here by human hands-both--all hold healing energies and prayers for the planet Earth.

Blessings and welcome to all. Do continue to the left now."

We continued our walk through the magical forest adorned with ancient stone circles. We came to what was considered to be the Guardian Stone Circle, according to a signboard which stood in front of the huge mound of rocks and stones piled in a circle between tall trees, overlooking the lake.



The energy or spirit of the stones spoke:

"'Guardian' is the term applied to us. It is not exactly correct, as all stones here serve the purpose of guardianship.

Oh yes, in this sacred circle a multitude of rocks exists, not in a random pile. Therefore, best not to move them from place to place--and certainly, better not to remove them.

In this site began the calling to other universes, the connecting and reconnecting to other planets. You are correct. It is not where any ships have landed. It is where the planets of the solar systems were called. It is a sacred circle, now called 'the guardian.' If it pleases you, you may call us that. Yet here exists the calling station, through which other planets transfer their messages for this planet. Now it is only trees which listen. But it doesn't matter. The trees will spread the message. We remain your sentinel. Then, we moved on to the last and largest stone circle which bordered a beautiful crystal clear lake. This circle was called "The

Offering." We took that as a sign to do our

activation there.

Before the activation, we all sat awhile in a sunny glade at the end of the forest. There, Leela led a lyrical dance whirling around with Anne and Asia, while Katy and I played crystal bowls and sang. Jacob accompanied us on his djembe drum. At one point Jacob leaned back and felt something under his hand. It was a brass pendulum, adding to the magic! The mood was light and joyous. Wiesory had very loving energy. We all felt rejuvenated.



With blessings. OM."

This mound of rocks was actually quite powerful, though not exactly a stone circle. It was situated on high, with a view of the whole forest. We sat in wonder, each of us captivated by the quiet intensity of this stone formation.

Leela (center) leading dancing in joyous Wiesory

Left: Parvati drawn to stone



Guardian Stone Circle



*Leela, Anne and Barry during the Wiesory activation.* 



Pyramid stone in Wiesory

April 28, 2011 Orion--during activation Yes, Yes. Of course. It appears that this circle called by the name of 'Offering,' has been created in a way which seems far different from other stone circles. The activation need be done at the highest point.

These activations shall be inside stone circles. The stones shall be standing stones. This circle would do just fine, but at its highest point. Within the circle.

Concentration shall provide you with more clarity. Activation should begin shortly. Yes and deposit the ash in the water with Mantras.

All of Nature resounds with harmony. The human element, when brought in line with the spirit, also resounds with harmony. The harmonious interchange between humans and the Nature creates the balance in the world.

The present world is out of balance. The human element is out of line with the spirit world. Hence, Nature is pushed to her breaking point and retaliates with a mighty force, as the Mother, to protect her own.

Humans continue not to listen, not to hear, not to adhere to her calling. With each *'catastrophe,' greater controls are enacted upon the out of balance structure which can no longer hold the world's population.* 

What work you are doing seems small, insignificant to the naked eye. But our eyes see all, and the work which is being done through you is mighty indeed.

By activating energies in stones and in water, great changes in human nature can be affected, and energetic shifts which follow will always stir change effectively.

Your work is complete, save for the burying of moldavite into the earth between the stones at the 'guardian' circle.

#### Blessings, always blessings.

Following the long, amazing day, we drove to the empty house outside of Gdansk where we had stayed when we first arrived. We spent the next day visiting first the Baltic Sea and the modernized seaside town of Sopot, followed by a mesmerizing visit to Gdansk, probably one of the most gorgeous cities I've ever seen. There were stone sculptures of goddesses adorning many of the stone buildings and a zodiac sundial outside the huge church in the centre of town. Gdansk was breathtaking. We enjoyed a free day of dining and shopping.



*Triangles on stones* 



Kabir with "grandfather stone"



Deep in the heart of Babi Dol

Interestingly, when we returned late that evening to our house, we all felt the same. Though we were totally impressed with Gdansk and tempted to spend a second day there as originally planned, all of us felt the same. We wanted to go to another stone circle! Orion had told us that there was a third stone circle site, optional. We felt drawn to the stones, even more than the shops!

So, the next morning, bright and early, we entrained for Babi Dol, which was actually quite close to where we were staying. We had no directions and, as it was not such a public place and much less well-known than previous ones, the actual site was harder to find. We drove through the town of Babi Dol and followed Jacob's GPS. When we came to a forest road, we stopped, not sure it was the right way. Suddenly, this park ranger appeared. His car drove up behind us! We asked him where was Babi Dol stone circle and he immediately gave us precise directions. We knew this was definitely meant to be!

Babi Dol was called Kamienne Wesele or "Stone Wedding." The stone circles were overlapping each other, creating a mandorla between the two circles. (The Mandorla is an ancient symbol of two circles coming together, overlapping one another to form an almond shape in the middle, symbolizing the interactions and interdependence of opposing worlds and forces.) There was female and male energy in balance, united. Odry had been the male energetic site and Wiesory, the female. This site was the union of the two. It was quiet and lovely there.

We walked the area, which was right by the side of a back country road. The place was very unassuming, with only one sign explaining its history. When we entered the site, of course there were the traditional two larger standing stones acting as the gateway, the portal to the circles. There were several circles and several which were apparently destroyed, some stones missing. The largest entry stone we dubbed "grandfather stone." He spoke to us at the end, as we paid tribute to him before leaving.

Kabir noticed the repeated design of triangles cut into the standing stones. Some were even intersecting. (see photo). I felt that, at this place especially, there were interplanetary communications. It felt quite connected with the constellation Orion.

When we gathered under the protective umbrella of trees which surrounded the intersecting stone circles, we all noticed how quiet it became. Once the fire was lit and Mantras chanted, we began sounding the crystal bowls and singing. The winds rose to



Above: Jarek performing activation fire at Babi Dol. Right: Jacob and Leela bonding with stone at Babi Dol.

join us in song. It sounded like a rush of wind blowing all around us. The following is the message I received.

# April 30, 2011 At Babi Dol stone circles it was Orion which spoke:

Yes. Yes. Where now you sit was the sacred site of holy union, but not only between beings of human form--between heaven and Earth, between Light and dark, between elements, between the masculine and feminine. This was what was symbolized here by the intertwining of the circles. Yes, it is true, some stones have been forcibly removed. However, their energies remain present here.

Yes, yes. The tribes who gathered here differed from site to site, though are commonly referred to as the Goths. There were tribes which broke away from the main tribes and this is one such site. The beings who came here were a breakaway group who splintered off from the whole. Not all were harmonious. Such is the nature of humankind! They lived in relative isolation but had a more elaborate form of communication with spirit world, as well as with other planets and other planetary beings. Eventually this splintered tribe continued south to become reacquainted with those at Wiesory. Interesting archaeological finds from this era can be found, though much



less is known about this particular part of the tribe.

This was not a land of suffering but one of joy and secluded living in nature. It was more hidden, more unknown land, thus perhaps less preserved by later generations. Those who were here were also more the vagabond group, more moving from place to place. They honoured the dead and created mounds of earth under which they were interred.

Peaceful by nature, more meditative if you will, they were a smaller tribal group and more young tribal beings congregated here before continuing southward.

What is activated here is a strong spirit of Light and joy, energies for healing and for rejuvenation.

#### Blessings to all.

Before leaving, we took individual photo portraits of each of us in front of the "Grandfather rock" We thanked him for welcoming us and the resultant ash from our fire was lovingly spread in the ground around him.

I heard these words spoken by what felt to me as the spirits of Babi Dol:

*"Whispering winds carry the tales of our ancestors.* 

*"Here there were many ceremonies involving SACRED FIRE.* 

"We welcome yours.

*"It is about time. "Rejuvenation of the forest is underway.* 

"This is Holy ground

*"Whereupon our planetary brothers and sisters have stood.* 

"Ancient modes of communication did involve what you call 'chanting." Thus the element of sound being reintroduced in our area may have brought a pleasant surprise to the spirits who live here. Trees especially respond to sound, to water and sound.

*"If you put a small amount of water into each bowl, the elements of water, those who live in water will be 'activated.' This do especially on your farm.* 

"Triangle form is reflected not only in this rock, which is of course the most ancient and revered of all here and the gatekeeper as well. Triangle is associated with the main burial mounds as well as with the entire settlement. It is also connected with the constellation of Orion which can be seen reflected in the stone formations here.

"Oh, blessings to all."

It was with a mixture of joy and reluctance that we headed off to meet a friend of Jarek's who had a centre not far from Babi Dol. After meeting the man and Katy being treated to an impromptu horseback ride on one of his horses, we excused ourselves and drove back toward our house.

Somehow, oddly enough, we got quite lost. We ended up on many rough, rocky back roads that seemed more like field paths than actual roads, making what we thought were totally wrong turns. Just when we thought we might never make it back to civilization, suddenly the road got better and we ended up passing a clearing in between tall trees with huge mounds of earth surrounded by circles of stones. We pulled off the side of the road and gleefully ran toward the circles.

There was a sign in English and Polish stating that these were ancient ceremonial burial grounds. On the sign it also mentioned that, when these mounds were excavated some years before, no human bones were ever found, allegedly due to acidic soil. Several of us simultaneously got the feeling that the ancient beings who were buried there had been perhaps transported to another planet!

The place had incredible peaceful energy. As we left we noticed that the site was actually marked on either side of the road by tall wooden "totem poles" carved with what looked to be Pagan Gods of Poland's ancient past. We walked quietly in reverence through the paths between the burial grounds. It was a mystical, magical end to an amazing day. Incredible, what we found when were 'lost'! We returned to our house in time for sunset Agnihotra, hungry and happy.

#### April 30, 2011 Orion sunset

Yes, yes, yes. A delightful end to a magical, mystical journey. You have tapped into the magic of this ancient culture. Deep in mythological/archaeological research, you will find more clues to the ancient cultures. Activation #3 was called for simply by calling your hearts. Words were not required. There is more magic to be uncovered in the region just near your farm, as well as in Tarnow area. In Bialowesia, mysteries will be revealed.

#### Blessings to all. Bon appetit!

With that, we settled down to a home-cooked meal and slept peacefully with smiles on our

faces. The whole visit to the North had been a series of synchronistic events and magical connections for all involved--indeed, rightfully called "Synchronicity in Motion."



*Katy and Kabir in the presence of orbs or "Light Beings" (see reflection) at stone circle site.* 



Kabir connects with brother-sister stones.

# Healing with Homa Therapy



#### Blanca L. Hernandez Bogota, Colombia, South America

"What I felt is really unbelievable. Yesterday, when I came for the first time to the healing Homa fires, my arms and legs were hurting. I was suffering from insomnia. I usually go to bed at one o'clock at night and still cannot sleep. In spite of the medical treatment, I have been suffering from dizziness and vertigo due to an accident where my skull was fractured. I had a severe cranial injury in the year 2000.

But last night, after having participated in Agnihotra, my eyes got heavy at 8 P.M. I slept

very, very well till my children woke me up at 8 A.M. Furthermore, I feel no more pain--not in my legs and not in my arms. The tension in the neck, which seemed to be a spasm, I do not feel any more either. I feel so good and today I could participate in the Yoga-Mantra-Meditation-Homa workshop. I did not have dizziness or vertigo or any other problem. Only yesterday, I participated in Agnihotra and took its ash. So this is unbelievable, but it is true. I am sure this happened because of the Agnihotra ash, which I took home. That's all I was taking."



Laura Ochoa Bogota, Colombia South America

"The physical effect of Homa Therapy is wonderful, but its emotional effect I feel even more encouraging, because it is a way to clear the mind and it helps to see things and life in another perspective. I feel it is easier to let things go their way and not be attached to everything and worry about everything. In fact, I am now peaceful, more analytical, and worry less. I do not feel any more sad. I feel always happy and positive."

#### Update from Uganda

(The May 2011 issue of Satsang featured an article from Dr. John Matlander on Homa Therapy work in Uganda. Dr. Matlander forwarded the following update from Moses Kazibwe.)

#### Patient Updates from Moses for April and May, 2011

There were 146 patients. Eleven had HIV/ AIDS.

Ninety patients were cured. I got reports from them that they were okay. Thirty had great improvement but were not cured. Twenty-six either had minimal change or no change.

On a recent Monday I went to a nearby village (Nsangwa). Many people attended the fire. Other villages have also invited me to visit them and do the fire there, but I need to make new time tables because they are a bit far.

# From Shree Vasant's Teachings

Forgiveness is born of strength and can never be associated with weakness. You have the power to give the blow and you abdicate it; this is forgiveness. It ill becomes a weak man to talk of forgiving others.

Remember always to forgive as you have been forgiven. Shree forgives all. So you must strive for that daily. There is nothing higher in a person. Forgiveness is such a virtue.

Situations change according to conditions at hand. Things that are told in advance may also change. Nothing is constant. Every person is different. Each has his own free will to exercise in the manner chosen by that person. Not everyone is cut out to do the same work. Similarly, not every person is going to come to the same state. Personal endeavors are left up to the individual. Guidance is given whenever effort is made. Hints are subtly given to gear you on the correct course. However, you must choose your own direction.

Speak less on what has been told. This means action speaks louder than words.

# From Shree Vasant's Teachings, continued

Do not allow these disturbances to rule your life. No doubt they bring difficulties, but much less than normal people have at these times. Agnihotra is like a protective shield around the person. Yajnya seals that shield with more protection. Yes, we must be strong for others. This does not mean you will not have moments of weakness or feelings of despair. Normal thing is there. It is also all right to talk with those near you. It is all right to share feelings. It is expected that you can strengthen each other in times of need. But do not allow emotions to rule the life.

Through Agnihotra and the meditation fire, comfort is given and enlightenment begins. The normal problems seem less. Normal stress is reduced. When we deviate from the cycle of discipline and timings we throw ourselves off balance to beome more vulnerable to atmosphere and outside negative pulls on the mind. So do not deviate from the plan, from daily disciplines and Yajnya fire. Let HIM protect you. His hand is held before you. The blessings are given to all of you in this Divine Plan. Only say with all intensity, "Thy Will be done."

Do not try to control. IT IS IN TRYING TO CONTROL THAT WE BREED ATTACHMENT AND CREATE KARMA. Only way out now is service. Let us be of service to all. We are nothing without this humility. The one who serves is actually higher than the one who orders but never serves others. In society it is the opposite way of thinking, but there is a higher way of thought. Do you understand?

Blood takes on every color which we produce in the mind and carries it to the body. Therefore it is necessary to cultivate and preserve in the mind the clear, pure attitude of the spirit so that the bodily atoms get pure. This helps the welfare of surroundings.

If someone says bad things about anyone, you can stay away from that person and still be loving toward him. You can protect yourself because we should not turn our ears toward negative talk. Still, if you meet that person you can be kind.

Constantly reaffirm the holy.

Do not become so obsessed with your own difficulties that you do not see the problems of others. Simply the more you improve yourself the easier it will be for you to help others. Fivefold Path Inc. 278 N. White Oak Dr. Madison, Virginia 22727 U.S.A.

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## FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.