



SATSANG

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NO. 7



Homa Therapy Teachers' Certification Course

NEW ERA 69

MARCH & APRIL 2012

Perform Agnihotra



Heal The Atmosphere

NEW ERA 69

MARCH & APRIL, 2012

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Cover (clockwise from top):

*Karin demonstrates making Agnihotra ash
medicines; Dr. Pathak performs Vyahruti Homa;
Lata Gaikwad using Homa Therapy seed
treatment; Karin and Dr. Pathak apply
Agnihotra ash paste to a tree.*

Homa Therapy Teachers' Certification Course

The first Homa Therapy Teachers' Certification Course was held at Tapovan in India from February 22 to 24. It was a 3 day residential course.

A small group of experienced Agnihotra practitioners attended the course, including Dr R.K. Pathak from Lucknow, ex-director of ICAR (Indian Council of Agricultural Research), Mr. and Mrs. Anand Gaikwad from Thane who have a Resonance Point on their Homa farm, Mr. Umakant Tiwari from Unnao who also has a Resonance Point on his Homa farm, Mr. Aaron Kidd from Australia who is working here in Tapovan and also in Maheshwar and Mr. Sanjay Patil, who is the manager of the Tapovan Homa farm.

Facilitating the training were experienced Homa Therapy teachers Dr. Ulrich Berk from Germany, Karin Heschl from Austria, Anne Godfrey and Bruce Johnson from Australia and Abhay and Sarvajit Paranjpe from India.

Practical demonstrations were given by Karin and Anne on how to prepare Agnihotra ash medicines. All the participants enjoyed being able to prepare their own medicines. These included preparation of Agnihotra ash powder, Agnihotra ash/ghee ointment, steam inhalation and eye drops.

Also Karin showed some aspects of Homa Therapy seed treatments, and the participants joined in with planting some vegetable seeds.

A comprehensive resource package covering all aspects of Homa Therapy, including printed materials and CDs, was given to each participant.

The participants expressed their appreciation for learning so much about Homa Therapy which they did not know previously.

Participants were all given certificates after completion of the course.



The course begins with Vyahruti Homa



Dr. Pathak and Mr. Tiwari planting by Homa Therapy methods



Karin and Lata applying Agnihotra ash paste to a tree



Sanjay preparing Biosol, a special plant food made with cow manure, Agnihotra ash, compost, water and a yantram.



Participants and facilitators

FIVEFOLD PATH MISSION

HOMA THERAPY TEACHER CERTIFICATION

Course Syllabus

3 day residential training course in Tapovan, Jalgaon Dist, Maharashtra

22 to 24 February, 2012

1st day

9.00 – 9.15 AM Vyahruti Homa--Bruce (15 mins)

9.15 – 11.00 AM SESSION 1 (1.75 HOURS)

Why certification?

Agnihotra & Homa Therapy

-Important Points

-Do's & Don'ts

-Mantras

Ulrich (10 mins)

Bruce

11.00 – 11.30 AM Tea

11.30 - 1.00 PM SESSION 2 (1.5 HOURS)

-How to Teach (Part 1)

Ulrich

1.00 - 2.00 PM Lunch

2.00 – 3.00 PM Rest

3.00 – 4.30 PM SESSION 3 (1.5 HOURS)

Additional Aspects

-MC Period

-Timetables

Karin/Anne

Ulrich/Bruce

4.30 – 5.00 PM Tea

5.00 – 6.00 PM SESSION 4 (1 HOUR)

Homa Psychotherapy

Drug/Alcohol De-addiction Program

Mind Training

Ulrich

Anne (10 mins)

2nd day

5.00 – 5.15 AM 5 AM Mantras (optional)
7.00 Sunrise Agnihotra (practical)
8.00 – 9.00 AM Breakfast
9.00 – 11.00 AM SESSION 1 (2 HOURS)

Agnihotra ash medicines**-Demo & Trainees' Practice****-Powder****-Ointment****-Cream****-Eyedrops****-Inhalation****-Other Preparations**

Karin/Anne

11.00 – 11.30 AM Tea

11.30 - 1.00 PM SESSION 2 (1.5 HOURS)

How to Teach (Part 2)

Ulrich

1.00 - 2.00 PM Lunch

2.00 – 3.00 PM Rest

3.00 – 4.30 PM SESSION 3 (1.5 HOURS)

- FAQs

Bruce

4.30 – 5.00 PM Tea

5.00 – 6.00 PM SESSION 4 (1 HOUR)

Fivefold Path**Self Development**

Sarvajit

Anne

6.30 Sunset Agnihotra (practical)

7.00 - 8.00 PM Dinner

8.00 – 9.00 PM SESSION 5 (1 HOUR)

3rd day

5:00 – 5.15 AM 5 AM Mantras (optional)
7.00 Sunrise Agnihotra (practical)
8.00 – 9.00 AM Breakfast
9.00 – 11.00 AM SESSION 1 (2 HOURS)

Homa Organic Farming (Practical)

-Tour of Tapovan

-Treating the seeds

-Agnihotra ash water

-Biosol

-Q&A

Karin/Bruce

11.00 – 11.30 AM Tea
11.30 - 1.00 PM SESSION 2 (1.5 HOURS)

How to Teach (Part 3)

Ulrich

1.00 - 2.00 PM Lunch
2.00 – 3.00 PM Rest
3.00 – 4.30 PM SESSION 3 (1.5 HOURS)

Certificate Award Ceremony

4.30 – 5.00 PM Tea

Note: The Homa Therapy Teachers' Certification Program was suggested by Shree Vasant some years ago; initial work on this program was conducted under His supervision at a meeting at Bhrugu Aranya, Poland, with Homa Therapy teachers from several different countries attending.

The certification program is a means of accurately preserving and conveying the Vedic knowledge given by Parama Sadguru Shree Gajanan Maharaj and taught worldwide by Shree Vasant Paranjpe. Through the program, Homa Therapy teachers can be more thoroughly and consistently trained, so that a uniform message of the teachings of Homa Therapy goes out to the world. This also promotes unity among Homa Therapy teachers.

The reader should understand that certification is a process; it is awarded when the certifying body deems a candidate to be adequately prepared and qualified to serve as a Certified Homa Therapy teacher. This particular course was given to candidates who already had long experience and knowledge of Agnihotra and Homa Therapy; hence, only a three-day course was needed. Teacher certification programs may vary in length and format at the different Homa Therapy centers, depending upon the training needed by the candidates. Certification also includes a code of conduct.--Ed.

Resonance Point Installation in Anahola, Kaua'i, Hawaii

Mary Lee Weir

Hawaiians refer to Kauai as the 'Garden Island' due to its lush, tropical vegetation, which spans across the foothills of several mountain ranges. It is thirty miles wide and is one of the oldest islands in the group, dating back to the time of Lemuria¹.

Anahola is something of a wonder. I am still very far from understanding the layers of wisdom which stem from this very special place on our beloved Mother Earth.

"When the Dalai Lama came to Hawai'i in 1994 he told his (tour guides) the two places he wanted to visit on Kaua'i were Polihale and Anahola," Mart-Kini² said, "because Polihale is the place where souls leave for the next world and Anahola is where souls enter the earth."

While doing research for the book Marti-Kini learned from her Hawaiian editor, Kumu Ka'e'eonalani, that the original spelling of Anahola was "Anehola" with an "e". "Ane' means 'the breath of life'," Marti-Kini pointed out. "'Hola' means 'the hour.' The two words together translate as 'birth'."³

**Note: It is not confirmed but sources say the Dalai Lama, disguised as a monk, returned once again to Polihale, Kaua'i several years prior to 2012, for some special work.*

Upon my first visit to Myra's property, I became tremendously euphoric and my heart chakra opened. All I could say for the next hour while walking the neighborhood was, 'My Heart Chakra is so wide open; I feel such an amazing connection here...' The girls--Myra Lewin, Vanessa Massey, and Kelsey Brusnyk--smiled knowingly at the phenomenon I was expressing for this land. I asked Myra to share how she came to choose this location.

Her adventure began with a visit to Shree Vasant Paranjpe, while He was living in Maheshwar, India, during the month of April 2008. Myra said Shree told her to "sell her land". At the time of this visit she was living and farming on the island of Maui.

She followed His instructions and sold her land and then packed and shipped her things over to Kaua'i. She did not know where she was going to buy; she only followed her heart and ventured to make the search for her new sanctuary. She arrived in Kaua'i to find that the place she was going to rent was a disaster, which forced her to scramble quickly to find something else.

The confirmation that the 'Divine' was guiding her came when she found a beautiful rental with the perfect amount of space for her Yoga and Ayurveda Teacher Trainings,



Durga Farm

workshops and silent retreats, with an available yoga studio one hundred yards away.

After having settled into the rental, Myra then began the search for her property. She visited the location in Anahola three times. There were several reasons why she was against the locale, and if it hadn't been for the voice of Shree Vasant saying, "This is the place," she would never have purchased the land. Myra said to me, "It is the only time I heard Shree's voice."

Words cannot express the magic around this area. Sitting behind Myra's home and property, which is on the north shore, is Kalalea Mountain Range, (King Kong's Profile). It is one of the most unique ranges on the island, and certainly inspires one's imagination. In this very range you can see 'Mano' or (Shark Fin), and a pregnant woman; I even saw a 'holy' cow.

It is also the location of a large hole which goes directly through the range. The hole sits in line with Myra's property and is said to be the psychical location of the portal where souls enter the Earth.

Here, in this place, we have begun the work as 'indirectly' guided by Shree Vasant with the commencement of HOMA Therapy. The resonance point installation was my first solo installation, having constructed several points prior with Juan Rodrigues, Irma Garcia and Karin Heschl. I was nervous and excited all at the same time, being sure to cover all bases with a few skype calls to Karin in India.

November to February is one of the windiest times on Kauai, and Myra's place, 'Durga Farm', is located along the shore. There are no barriers from the wind. We were concerned that it would be a battle to keep the fires going. But as the Divine would have it, we found our opportunity on a calm Jan 21st 2012, morning.

It was an exciting time for Myra, with visitors from Canada, Ohio, Massachusetts, and Belize joining in to break ground on her "High Energy Oasis". The whole process lasted about thirty minutes, as most of the preparation was done prior to activating the pyramids.



Polihale

We later went into discussion about the subtle work that the Dalai Lama has done and along with the commencement of HOMA Therapy on ‘Durga Farm’, to try and understand a little of what the purpose may be, though understanding and knowing are not necessarily important.

We came to realize that if one were to draw a straight line across Kaua’i from the North shore where Durga ‘Homa’ Farm is located, to the Southwest shore at Polihale, one would find a most fascinating discovery.

Durga Farm is half a mile from the coast and would be the starting point of our ‘invisible line’. It is directly in front of and in line with the portal where souls enter this planet in the Kalalea Mountain Range. Our final stop will leave us in Polihale and the Na Pali Coast

mountain ridges, where the portal for souls to leave this planet is located.

What an enchanting moment of service! I am grateful for the experience and thus wanted to share our connection to this beautiful treasure on our beloved Mother Earth.

¹ Lemuria was an ancient civilization, which is believed to have existed prior to and during the time of Atlantis. Physically, it is believed that Lemuria existed largely in the Southern Pacific, between North America and Asia/Australia.

² Agnes Keaolani Marti-Kini is the author of *Anahola, Kaua’i’s Mystic Hawaiian Village*.

³ Block quotes from the article “The Mystique of Anahola Revealed in New Book” by Pam Woolway. Posted: Friday, March 5, 2010 on the <http://gardenisland.com>

Children and Agnihotra Ash

*Asia Maher
Bhrugu Aranya
Wysoka, Poland*

It's always very surprising to me how children accept the grey and not-very-attractive-looking Agnihotra Ash or black ghee-and-Agnihotra ash ointment.

They don't have any problem with it. They don't need much explanation of why it is good medicine and how it helps; they just start using it. It seems that they naturally feel this is good for them.



Leela Sarah Sawyer, age 7, applies Agnihotra Ash cream

If something happens and they get hurt, usually the first thing they ask for is Agnihotra Ash. My son Daniel kept asking me for Ash water regularly, so now I just keep a jug with Agnihotra Ash water and he can pour some in a cup whenever he wants to drink it.

Children love to help with Agnihotra Ash in the garden. They sprinkle it on planted seeds or little seedlings. They seem to feel that it is an important job for them.



Daniel Maher, age 8, preparing Agnihotra ash water at Ecovillage Bhrugu Aranya

From the Orion Transmissions

*received by Parvati Rosen-Bizberg
Wysoka, Poland*

February 13, 2012 On Facing Changing Times

Yes, yes, yes, yes. These are the crucial times foretold in ancient scripture, in Holy texts, through word of mouth, from tribal leaders to their people, through signs which portend the future—as given via wind, water, Earth in the midst of change, and certainly as seen in the hearts of all humankind. These are the times.

We need not enumerate the changes which are in store for this great and grieved planet. This has been told before in a myriad of ways. Now, it is those who are awakened and who are awakening who will carry the torch into tomorrow.

All practicalities have been espoused, from the importance of living on the land, in communities of Light, to storing of organic seeds and the vital necessity to consider food storage, for at least six-month periods. Alternative sources and resources, alternative energy, alternative health care and alternative way of thinking, all have been espoused. Now it is time to put all your hard-learned skills into action. Be ready for it. Don't be caught without a clue. Be prepared with the know-how and wherewithal to DO.

Those of you still considering possible moves to higher ground, those living close

to the seas or volcanoes, close to the shores of great cities and coastal paradises—do it now!

Those who have lived in cities, always longing for a getaway, find the getaway! Many cities will be overrun with crime and beings in various stages of desperation. There will not be many safe havens in the inner cities of most nations. Consider at least a common land whereupon permanent and temporary dwellings can be constructed, places of respite, places of refuge for times which are so very near.

Learn the ways of self-sufficient living.

Those capable of setting up alternatives to the 'grid,' consider how to unplug from it. Join forces.

Do not isolate during these times. Find solace and support, resolution and evolution as a whole, in communities, in circles of friendship and caring. These support networks which are set up now will be in full operation later on.

Consider alternative education. Those capable of creating new schools for the young, make the beginning now. Cities, where most schools are, will not be so well protected. However, it is not out of fear that the movement toward freedom in education

shall begin. It is out of honesty and willingness to explore truths which your children can find clarity and honest interaction within. Seek others of like mind and heart to join you in your development of the new world.

And by all means, move as One. Seek ways to support and unite.

Seek ways to understand and be present for each other and for others.

Think globally and act locally to bring change to the forefront and saving the planet to its rightful place—in the very center of your hearts.

All of you will see new changes daily. Some will be positive, replete with hope and joy. Others will create confusion. However, those of you who learn it is not necessary to depend on the 'status quo' will swiftly learn a new way of disengaging from that which is wrought with fear and negativity or designed to bring such into your hearts. You will know what is real and what is not, by the resonance within your hearts. Follow those hearts dear ones. You will know. Listen. Listen. Listen. The key to all lies within all. OM.

February 28, 2012 On Transforming Negative to Positive

Yes, yes. Refrain from negative thoughts, as if

they were daggers aimed at your hearts. So they are, in actuality. Allowing the mind to go down the narrow, dark alleyways where one negative thought leads to the next, is unadvisable. The same can be said for brooding over that which is lost or that which never was found, as all that comes to you comes at the precisely right time. If you think negatively, you can in effect push away the abundance which is destined to come to you. We speak, no doubt, to most human beings, as the tendency toward fear and doubt lines many a human mind!

How then to replace these negative thoughts, which appear to arise in a fertile mind? If that same fertile mind can nurture a vivid and inspiring imagination, that is definitely the positive direction to take. Feed all that is positive, nurturing. Create an atmosphere of positivity in your mind, where any negative thought will not enter. There will be no attention paid to the negative visitor. **That which is based in fear, doubt or confusion has no place in the fertile mind field!**

Examine yourself. What triggers your negative thoughts? Go to the base where they begin and immediately weed them out, one by one. You can do this as an exercise when you are not particularly in a negative state of mind.

Healing with Homa Therapy

If you are already in a negative mental state, it is better to apply a different technique. That would be intensely repeating Mantras, intensely focusing on Light as it is represented in your consciousness—focusing on a great Being's picture, immersing yourself in Divinely inspired music, prayer, chanting, movement. Whatever is the distinct and powerful antithesis of your otherwise negative impressions—immerse yourself in the positive.

So, two quite powerful techniques—rooting out the negative thoughts, when you are of clear mind and body preferably. Then, replacing a negative state with activities, actions which are of positive, Light, spiritually uplifting effect.

In other words, take control of your mental states, dear ones. Do not be your own victim of circumstance. There is no situation which cannot be risen above. There is always the option to take the higher road. Perhaps, it is the road less traveled, but surely your spirits are prepared for the journey. Blessings avail themselves at every turn in the road. One must simply be in a clear state of mind to recognize the gifts of Divine. Take the road less traveled, dear ones. It will lead you home. OM.

For more information, please write to parvati@oriontransmissions.com.



Dora María Valencia Muñoz
Carondelet, Esmeraldas
Ecuador, South America

"I am 32 years old. Homa Therapy has been very helpful, because I suffered from headache, backache and pain in the bones and now I feel greatly relieved. I have had these problems for about 2 years.

"I have been coming to the Homa Therapy session with Mrs. Mayra and I have been taking the Agnihotra ash during the last 2 weeks and it has helped me a lot."

From Shree Vasant's Teachings

An exchange of energy transcends to the heart during Agnihotra. It is from this phenomenon that our spiritual vision becomes clear.

The Agnihotra pyramid should not sit on porcelain, but it should also sit level.

Honeybees have started migrating due to pollution. Bees become happy in the area where Agnihotra is practiced and Yajnya (Homa) is performed. A lazy male is called a drone in the English language. Drone is a male bee. Bee scientists believe that drones have no work to do. This is not normal to the working of nature as we understand it. According to Homa Therapy Farming (ancient science of agriculture given through Vedas), in Yajnya atmosphere the male honeybee changes its sex at a certain stage and secretes hormones which become medicine for man.

In Agnihotra atmosphere the metabolic process of plants is sped up. It is the ghee that is the catalytic factor and on a more subtle level the Mantras interacting with the combinative effect of the burnt ghee and rice. This combination enters the plants by, one might say, attaching itself to minerals and water absorbed by the root system of the plant. The ghee acts as a catalyst, touching

off a chemical reaction with the plant aiding enzyme and vitamin production and encouraging and increasing cyclic rate. In other words, the plants mature faster, taste better and are better just by mere performance of Agnihotra in the garden.

When gardening one has to fill the garden with love and the garden responds to the love in return by yielding bountifully. Never, never should anger be taken to the garden.

Some destruction is the natural outcome when you abuse natural resources--land, animals, water, air and finally people. So it is the law of Karma. **The destruction heads our way, but at the final moment it will be stopped.** Let us have only hope and no fear.

A beautiful world of peace and love lies around the corner. That is where faith and devotion come in. Now I do not care whom you serve, whether Jesus, Mohammed, Buddha, Krishna, Moses, Shree. It is irrelevant now. Only serve with pure heart and you will know the truth.

Yajnya will be introduced to all sects, take-it-or-leave-it basis, all Gurus, all teachers, all masters, all devotees of truth. **Yajnya will heal.**

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.