SATSANG



TALKING WITH PLANTS

Perform Agnihotra



Heal The Atmosphere

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Cover: Patricia Norton with Mr. Gingko

Videos of Shree Vasant at the Art of Living Ashram

From the Orion Transmissions

received by Parvati Rosen-Bizberg Wysoka, Poland

Bruce Johnson has forwarded the following information for accessing YouTube videos of Shree Vasant giving a talk on Agnihotra in the Art of Living Ashram in Bangalore in 2005.

The program is in four parts. To view them, please copy and paste the links below into your browser:

http://www.youtube.com/ watch?v = qX6PfBghQ0Q

http://www.youtube.com/ watch?v = JeKOL6ZbCTw

http://www.youtube.com/ watch?v = L65RCu96q4s

http://www.youtube.com/ watch?v = h3T7pBD5SHQ

Also available on YouTube are a number of videos called The Golden Messages of Master Shree Vasant.

May 7, 2009 On the State of Love

Yes, yes. When one is in a state of confusion, of disillusion, or when one succumbs to a state of depression, one is not in a state of love. It is not possible to be in a state of love and simultaneously be depressed or even confused. By 'state of love', let us clarify that we do not refer to the 'earthly' love between couples, though even the euphoric state one can experience in the pairing of two human beings can at times tap into the higher state to which we refer.

The state of love which brings one closest to 'God Consciousness' is more of a Universal Love or Oneness with that which is Divine. In that state, one experiences true peace and serenity that quickly shadows all that is not of that higher vibration. If one should re-slip into a state of discomfort such as the aforementioned states of depression, disillusion, or confusion, one can rise above all obstacles and experience the purity of the moment. One is One with the Source. And this state is attainable and waiting to be attained actually. As never before in human history on your planet, beings such as yourselves are AWAK-ENING

For more information, visit: http://www.oriontransmissions.com

Thou Shalt Forgive

from <u>Ten Commandments of Parama Sadguru</u> Commentary by Vasant Paranjpe

Commentary:

Forgiveness is born of strength and can never be associated with weakness. You have the power to give the blow and you abdicate it; this is forgiveness. It ill becomes a weak man to talk of forgiving others.

If you beg for mercy for your own debts of Karma then it follows that you have to forgive others who trespass against you. Debts of Karma can be wiped out only by reaping as you have sown. However, Almighty forgives you if you are full of repentance. Hence it is stated, "Judge not others lest ye be judged". You earn the right to be forgiven for your sins only when you practice forgiveness towards others.

"For I say unto you that except your righteousness shall exceed the righteousness of the scribes and Pharisees ye shall in no case enter into the kingdom of Heaven." -Matthew 5:20

"He maketh His sun to rise on the evil and on the good and sendeth rain on the just and the unjust." -Matthew 5:45

Forgiveness is associated with perfection. "Be thou perfect as thy Father in Heaven is perfect." --Matthew 5:48

Perfection is the goal to be attained in life.

Perfection is unfoldment of the Divine within you. Krishna says, "He resides within the heart". Animals go by instinct. Humans progress by intelligence. Further evolution can be escalated by the proper use of free will. This means the mind has to be purified. Forgiveness acts as a cleansing agent to get rid of evil tendencies which pull us in wrong directions.

"And whosoever shall compel thee to go a mile, go with him twain." -- Matthew 5:41

If you choose, you have the ability to pull someone ten miles in the direction you want and yet you choose to walk a mile with him; then it is forgiveness. You have the capacity to tear off the other man's coat and you choose to offer him your own shirt; then it is forgiveness. Forgiveness is not cowardice. It is valor tempered with discretion. Forgiveness reduces the intensity of the evil result of wrong actions wrought by body, mind and speech.

When it is your turn to be judged you will pray for forgiveness; hence, you have to practice forgiveness in your daily life. This is an independent meritorious deed (Karma) that you do; thereby you earn the right to be forgiven. Forgiveness is potent Karma. By practicing forgiveness in your daily life you deserve the right to be treated liberally when

it is your time to be judged. You reap as you sow and you are forgiven.

A thief stole silver candlesticks from the bishop's residence under cover of the night. He was apprehended by the king's soldiers and was brought before the bishop. The bishop said, "I have presented the candlesticks to him. It is a gift from me". This is forgiveness. This made a strong impact on the thief and he took to better ways. This act of the bishop has found a merited niche in English literature as "The Bishop's Candlesticks".

"Forgiveness is Divine virtue. The universe is held together by virtue of forgiveness. It is the might of the mighty. Forgiveness is virtue eternal." (From an Indian epic)

"Then came Peter to him and said: Lord, how oft shall my brother sin against me and I forgive him? Till seven times? Jesus saith unto him: I say not unto thee seven times, but until seventy times seven." -Matthew 18:21

Muhammad stressed the virtue of forgiveness

"Forgive and overlook till God accomplish His purpose for God hath power over all things." -Holy Quran II-109

Three different words are used in the Quran for forgiveness. AFA means to forget. Obliterate the incident from your mind and be done with it. SAFAHA means to ignore. Treat the incident as if it did not happen. GAFFAR means to forgive others as God forgives us our sins by showering GRACE. He forgives again and again.

Buddha asked people not to get angry but to forgive even if somebody were to cut them to pieces.

"You shall cast out all malice, anger, spite and ill will and shall not cherish hatred even against those who do you harm but embrace all living beings with loving kindness." - Precepts of Buddha

"Hatred does not cease by hatred at any time; hatred ceases by love. This is true nature." -- Dhammapada

Buddha's doctrine of MAITRI represents perfection of loving kindness. Compassion and goodwill result from loving kindness. Shall we ask ourselves the question, "How many times have I been forgiven by the Lord for my evil actions? How many more times will it be necessary for me to beg forgiveness for my evil thoughts and deeds?" We must attempt to deserve His Grace. Therefore let us forgive him who does us wrong.

One may ask if the law of Karma, the law of reap as you sow, is inevitable then how does forgiveness and mercy of the Almighty fit into the picture? If justice is to be tempered with mercy do we compromise the law of Karma? The answer is simple. The law of Karma also states that any action, good or evil, if done with extreme intensity fructifies in a short time. Repentance and forgiveness are intense good actions. This Karma fructifies to undo the effect of previous evil Karma. Repentance begets forgiveness towards all.

If you think it is difficult to practice forgiveness think it over again. Consider the consequences. If you do not imbibe the virtue of forgiveness you are bound to get angry. When you get angry then it affects the metabolism, the endocrine secretions and the nervous system. This puts a heavy burden on the mind, resulting in emotional disturbance. It leaves a distasteful dent on the mind. This sets in wrong perception. Wrong perception, when multiplied, leads to added doses of misery. Hence, it is in our own interest to forgive others.

We are capable of making new discoveries and producing new gadgets in the material realm. What makes you think that we are utterly bankrupt in the spiritual realm? With a little determination on our part we will be able to practice the virtue of forgiveness in day to day life. Forgiveness purifies the mind. It gives you the added strength to experience oneness of all beings. It removes all frustrations and makes your life happy and purposeful.

Healing with Homa Therapy



Aida Aguilar Miami, Florida, USA

My name is Aida Aguilar and I have practiced Agnihotra since June, 1994. For as long as I can remember, I was always a very depressed person, full of fear, without any **self-esteem.** There were times when I took antidepressants, went to the psychologist, did all kinds of workshops, read hundreds of motivational books, did visualizations, meditations, practiced forgiveness exercises, etc. Sometimes, it all seemed pointless. Then in 1994 I met Jose Aguilar, who is now my husband, and he taught me Agnihotra. That same year, I was privileged to meet and hear Master Vasant teaching the Fivefold Path. Using the tool "Agnihotra" I could overcome all my problems and become the happy person I am now. I am balanced, calm, always at peace and I dearly love everyone and everything.

Difficult situations are there, but my attitude towards them has changed. For example, when my brother died tragically, I could take this calmly and with acceptance--quite differently from what would have happened years ago.

A wonderful testimony at this time is related to my mother's health. She is 91 years old and she suffers from Alzheimer's disease.

She lives in Bogota, and I go to visit her at least once a year for ten days or two weeks. I was with her in January and she was very sick. She was in a wheelchair, unable to speak. She could not recognize anyone. I decided to come back soon, because I thought she was about to leave the body. I arrived on the 10th of May and today, after four weeks of receiving the benefits of Agnihotra healing fire, my mother walks at least 35 minutes a day and the wheelchair is in a corner in the garage. Last Sunday, she recited the complete 'Creed', and she calls me by my name and has a new light in her eyes.

Coliseum and there I received some Agnihotra ash. My granddaughter was diagnosed with **severe malnutrition**. She vomited and did not gain any weight.

Since May 17th I am giving the Agnihotra ash to everybody in the family. Today is June 4th and my grandchild has gained two kilos and has an excellent appetite. Now I also practice Agnihotra.



Judith Lozano Bogota, Colombia, South America

I am 62 years old. I went to the Homa Festival in Tenjo on May 17th at the Covered

Bioenergetic Healing in the Coliseum in Tenjo, Colombia

Abel Hernandez and Aleta Macan

May 17th was the day of celebration of the birthday of Shree Gajanan Maharaj, with many healing Homa fires resounding in the atmosphere at sunset in the Covered Coliseum of the town Tenjo in Colombia.

The festival featured dance, music, songs and lots of Fires of Love. Our special guest, Dr. Irma Garcia from Venezuela, gave a talk on "Fivefold Path", the essence of Shree Vasant's teachings.





Conversations With Trees

Patricia Norton Baltimore, Maryland

It was a gorgeous, sparkling, full moon day at Bhrugu Aranya, the lovely Homa organic farm in Wysoka Poland. With a lot of dedication and commitment, the healing fires of Agnihotra and Yajnya have been performed there daily for nearly thirteen years. Jarek Bizberg, president of Terapia Homa Foundation, and his wife Parvati began the farm in 1995. Since then, others have joined them, their families have grown, and they have a thriving international Homa community.

Upon entering this property one can feel the energy of the Nature elements, which are very alive and deeply felt. I was moved to tears as I witnessed Parvati's ability to communicate with two trees on her farm. This experience was a true wake-up call for me, as I saw firsthand how intimately connected we are with Nature and how truly sensitive Mother Earth actually is. Since this experience, these two trees are lovingly known as Sister Willow and Mr. Gingko.

Sister Willow

Three years ago, the Mother Mary Pond, just down from the wooden fire temple, was lovingly installed by the brilliantly creative Anne Godfrey from Australia who had come for a visit. She bought beautiful willow trees, flowering bushes and plants from a nursery nearby and developed a mini-paradise. This Spring, since most of the efforts have

been focused on the vegetable and herb gardens, the Mary Pond was in need of a little attention. I had noticed that from both benches, due to the tall plantings, you could not see the pond, much less the statue of Mother Mary. The only solution was to move a small Salix tree (a sweet willow) to the back of the pond. Since it was not the best time of the year to do so, I asked Parvati if she would ask the tree what she wanted. Below is the conversation that ensued.

Parvati touched the tree trunk with one hand and caressed her leaves with the other, became silent, and connected with the gentle, variegated tree.

Parvati: Hello. We wanted to check with you to see if it is okay with you for us to move you to the other side of the pond.

Sister Willow: That would be better, because I cannot breathe well here. (The willow was partially under a large apple tree's extended branches.) Over there I would be closer to my sister (another willow much like this one). My sister is much stronger than I am. So, when you move me, you must take great care.

Parvati: Oh we will! We will make sure, but today is full moon. Is today okay?

Sister Willow: Better tomorrow. Tomorrow at the earliest.

Parvati: Okay. We will do it tomorrow and we will be very careful.

Sister Willow: Okay, I trust you.

The next day, after the sun cooled down, a large hole was dug in the new spot at the back of the pond. Compost was mixed with native soil and Agnihotra ash, Mantras were chanted and then the hole was watered deeply. We closely communicated with our little willow, to let her know what we were going to do before we did it. With great care and Rory's help, we chanted Mantras as we dug up the tree and moved her to her new spot. We settled her in and gave her a lot of water.

Parvati came down to visit her the next morning. She sat on one of the benches and commented on how much better the pond looked with Sister Willow in her new location

Parvati: How are you? (Parvati noticed Willow was very quiet, breathing softly)

Sister Willow: Sleepy.

Parvati: Are you okay?

Sister Willow: Yes, I can breathe better.

Parvati: Do you need Biosol? [Biosol is a special organic fertilizer made with Agnihotra ash.--Ed.]

Sister Willow: Not right now. Maybe at the end of the day. I am resting.

Parvati: Are you feeling weak?

Sister Willow: Not weak at all. Just sleepy

Parvati: Anything you need?

Sister Willow: No, just time.

Parvati: You look lovely.

Sister Willow: I am happy here.

Parvati: Good. Thank you. We love you

After a period of adjustment, Sister Willow is doing fine. Mary's pond continues to be a source of peace and harmony, a place women often meet to chant and hold healing circles.

Mr. Gingko

Since we were already at the pond, we thought that the Gingko tree, which sat in a five gallon pot, may be ready for planting.

This young tree had been in the ground before, but had been accidentally hit by a tractor last summer. It had been dug up and re-potted, so it could be nursed back to health. Parvati wanted to ask if it was ready to be planted, and where.

Parvati became silent, held the gingko's trunk, and tuned into the small potted tree. The conversation that followed was relayed to us, as we stood nearby.

Parvati: Hi, Sweetheart,

Mr. Ginko: I happen to be a male.

Parvati: Oh, sorry. We wanted to see if you would like to be planted.

Mr. Ginko: Yes, yes, But I need to be safe.

Parvati: Yes, I know that you had a very traumatic experience. We will be certain that you are safe.

Mr. Ginko: Here by the pond would be lovely, but it needs to be in an area that is safe. Perhaps put a fence around me. Up the hill where they do the fires would also be good. Let her decide. (He indicated Patricia)

I walked up the hill with Mr. Gingko and chose the northeast side of the Yajnya Shala,

in the foreground of the wooden fence. From this spot he has an overview of the concentric circle vegetable garden and the Tatra Mountains in the distance, and can soak in the healing energies of Om Tryambakam Yajnya performed daily in the Shala. Parvati arrived to check on him.

Parvati: How would you like it here? This is in an area that is out of the way and you have this fence here to protect you. Do you like it here?

Mr. Ginko: Ahhhh! This would be fine, but could you still put a fence around me?

Parvati: Well, you have a fence right here (indicating the existing fence behind him). Would that be okay?

Mr. Ginko: Another one around me would be good so they can see me.

Parvati: How big? This big? (*Parvati showed the height of 3 feet with her hand.*) This big? (*Showing 2 feet.*)

Mr. Gingko: Yes, that would be fine.

Parvati: We'll put some rocks around you too for further protection. Do you like more acid or alkaline soil?

Mr. Gingko: A balance would be okay. But the fence won't keep the children out, will it?

Parvati: Oh, of course the children will visit you. When do you want to be planted?

Mr. Gingko: Today would be good.

Parvati: Okay. We will do it tonight.

Mr. Gingko: (softly) And don't forget the

fence.



Mr. Gingko was planted on a berm that evening with compost, Agnihotra Ash and

Mantra. Large rocks and low wooden fencing were placed around him for protection. When Parvati came later to check on him, he said he was very tired and she could sense very slow and shallow breathing.

The next day Parvati returned for a visit. Mr. Gingko was very happy and continues to be a joyous tree, with new little flowers which were planted beside him to keep him company. The children visit him regularly.

"In ancient Indian cultures and Aboriginal cultures of many lands, humans spoke to and received guidance from energy spirits, Earth spirits, Devas, plants, animals, stones and all of Nature. They consulted the wind, the rain, the Earth, the sun, the moon, and had a higher awareness than most nuclear physicists have after years of study and scientific knowledge! From these ancient cultures, knowledge was passed on to their tribes. Much has been lost in colonization and integration of these ancient peoples into modern society. However, this information is locked into the minerals, the stones, the land and elements of Nature. That information is accessible now, as the vibrations on your planet have become more subtle and frequency of vibration has changed. Indeed, this is why the ancient sciences, ancient cures, are now being rediscovered, and a return to natural sources for healing is the only way for the future."

(from *Orion Transmissions Prophecy* received by Parvati)

Vegetarian Homa Resort In Elqui Valley Available

From Satsang Correspondence

The Homa cabins in Cochiguaz, Elqui Valley, Chile have existed since 1990. Shree Vasant made an important Energy Point on the property and placed an image of the Virgin Mary there. Yajnya fires have been performed here from the beginning.

The place is a vegetarian tourist resort. Homa Therapy teacher Mike Billian helped and worked here in the past. The center is located twelve kilometers from the third point of resonance in Cochiguaz, which I have tried to develop since 2004. Now I have decided to move. Shree Vasant advised me to sell these cabins because they take up so much of my time.

Anyone interested in acquiring the place, or who would like to visit, please contact me at:

carmenhurtado74@yahoo.com

Photos of the center may be viewed at this location: http://www.agnihotra.org/homa-resort.doc (29 photos are available.)

With lots of love, *Carmen Hurtado*

I was handing out flyers at my Agnihotra demonstration at the Peace Fair at the India Cultural Gardens last Sunday.

Here's a picture some members of Women Speak Out for Peace and Justice took of me, as a gift. I am in front of the Gandhi statue there with my Agnihotra pyramid.

Maureen Hayden Cleveland, Ohio



From Vasant's Teachings

ANGER

If we abuse others we abuse ourselves. We expend so much energy on venting our anger we have little or no energy left for ourselves.

People say, "Oh, this makes me angry. That person made me mad." Actually it is all in the mind. Someone cannot make you anything. So, when this anger comes say to yourself, "I do not need this angry feeling. Go away." It is unnecessary to put burden on the mind and body by becoming angry. Simply say, "No, I don't want it." And keep quiet. Always keep quiet when you have anger. You can deal big blows without anger. You can say the same thing by being firm without all that nervous energy creating disharmony in yourself as well as the atmosphere and the person with whom you are speaking. Keep silent. Let it pass and then speak.

DESIRES

There is nothing higher than Divine Love. Concentrate on that which brings you into contact with the higher energy, not the lower energy. If you concentrate on that which is divine, all else will be fulfilled. Certainly, normal earthly desires exist in all of you, but to simply fulfill those earthly desires leads only to pain and misery. When the mind is focused on the divine energy that exists between two people, then all the earthly

desires come secondary. That does not mean such desires are not to be fulfilled, but only that the focus be the spiritual.

CRITICISM AND FAULTFINDING

Cast no stones, for the same stones that you cast will be cast back at you.

We have to refrain from making judgments of others. Unless we do this there will be something always dissatisfying to complain about in every person since none of us is perfect. If, better yet, we seek only the positive in others we will seek only the positive qualities in ourselves. No one needs criticism. Discipline and good example, yes, but no criticism. Discipline need not be negative.

FORGIVENESS

When you ask forgiveness from the Divine, know that you must participate in this act of forgiveness. Allow for forgiveness from yourself as well as from the Divine.

Be quick to forgive the faults in others. Practice this and eventually you will not even see the faults in others.

Every time you concentrate on love and forgiveness, that message is sent and received. Just be full of love and everything will come very quickly now.

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FIVEFOLD PATH for Happy Living

- 1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.
- 2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).
- 3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

- 4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).
- 5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.