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## Ecovillage Bhrugu Aranya: International Center in Poland



## Perform Agnihotra



## Heal The Atmosphere

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Cover: (Clockwise from top left) Garden in vibrant color; group singing with Yajnya fire and singing bowl; Healing Temple with guest cabin in background. Please see article on p.3

### Ecovillage Bhrugu Aranya: International Center in Poland

Rory Maher



Asia and Rory Maher

When I was a school boy, I remember the other boys and I were talking about what we would do if there was a nuclear war. Everyone else agreed that they would rather die than survive and try to live in the aftermath of such a war. I, on the other hand, felt strongly that I would want to survive and live. There has always been a strong sense of survival in me and the belief that a better world can be created and will be created. I was born two months premature and I guess that strong sense of survival, that determined will to live, was born in me then and carried me through that delicate time into today.

When I was 28 years old, I remember climbing up towards EL Chalten, a famous 3,400

meter high mountain landmark in the Patagonian region of Argentina. I was working at the time as a tour leader in the southern countries of South America, and was entering a time in my life when my heart began to yearn for a new way of living. I was seeking like-minded people who shared a similar vision and began to know that the only way forward for me was to live in a community. In fact, I intuitively knew that the future of this planet lay in the re-creation of intentional communities, where a new lifestyle and vision for the future could be possible. You see, as I looked around and saw the ills of the planet—the pollution, the fear, the politics, the media, the ruthless corporations, the genetically engineered foods, the pharmaceutical businesses, the unfulfilled lives—I knew that a new way of living was vital. The idea of organic intentional communities blossomed in my heart and soul.

As I climbed up El Chalten, surrounded by majestic mountain beauty and pristine valleys and yet overcome by the state of the planet, I reached the highest part of the mountain path that led to a small still lake. There, I sat down and prayed, or rather, I made a contract between me and my Maker. I once again became determined that I would survive, that a new world could be created and that I wanted to be a part of it. I asked

for help to do so, and surrendered to that purpose.

Within a couple of weeks I had the opportunity to take a giant step towards that goal by first learning the healing fire Agnihotra in Chile. I continued to practice this Vedic fire at sunrise and sunset daily, and returned to London, a place far away from that healthy, organic lifestyle I was searching for! I had half a mind to return to Peru to start a farm in the country of my birth, but I had heard of a community in Poland that was based on Homa Therapy practices, that is, the application of Agnihotra in gardening/farming, healing, psychotherapy and ecological rejuvenation of the environment. After getting in contact with the people there, I was invited to visit.

I shall never forget how, one evening in April 2000, I first wended my way up the foothills of the Tatra Mountain area of southern Poland. There was a sense of anticipation, and after driving on a dirt track through forest and meadows with Jarek Bizberg, one of the founders of the community, I arrived at dusk, stepped out of the car and heard this amazing sound; it was the crescendo of hooting owls resounding in the forest around me. Strangely, on my travels I had often seen owls wherever I stayed, and began to believe in some cosmic way that I had some connec-

tion to them! What, I don't really know. Here there were literally hundreds hooting in the forest and of course, not knowing better, I thought it was a normal occurrence here. Actually, after being here eleven years now, I have never heard the like again. I like to believe that I was being welcomed.

I was led through an old enchanting apple and plum orchard to a traditional rustic mountain log cabin and into a kitchen warmed by a cooking range with a large pot of soup simmering on its cast iron top. There I was welcomed by the community members. I looked at their friendly bright eyes, their healthy glowing skin, and saw a group of likeminded people, bonded by shared experiences and united in a common vision. I knew in my heart of hearts, I had finally arrived home.

Ecovillage Bhrugu Aranya is like no other place. It has been said that it is Poland's best kept secret, which is a shame, as we would like as many people as possible to discover it and experience a taste of life here. Why is it so special? Not only is the land magical, but the atmosphere here is suffused with the high vibrations of Agnihotra and other healing fires that are performed daily to purify the atmosphere, neutralizing the effects of pollution and radiation in the air, soil and water. Nature is nourished and returns to

balance, and all life thrives in this supercharged environment.

The tapestry of life here is woven together by us, but the thread that holds everything together is the science of Agnihotra; there is no greater tool for community living and also family living. It creates a healthful environment that helps heal the planet, protecting one from the damaging effects of pollution and radiation that constantly bombard us. Because of this, we are able to grow disease-free, nutritious crops and super medicinal herbs for the community and for sale.

Then, Agnihotra also rectifies the Prana in the atmosphere, the substance called Chi by the Chinese, which has a calming effect on the mind and veers it towards positive thought patterns. In a community this helps to maintain harmony and keeps us positive and creative.

When you come to visit Ecovillage Bhrugu Aranya, you will find yourself rising up before dawn and walking up the stone steps past Mother Mary pond, through the magical orchard and wildflowers to reach the Deva Garden, where guests sit to share in the



Mandala garden bathed in light



Satsang by Mother Mary's Pond

healing effects of morning Agnihotra fire. Here, organic vegetables and herbs are grown in beautiful concentric circle beds to supply the vegetarian community with nutritious food grown using Homa Organic Farming methods.

If you come during one of our experience weeks, you will likely meet our community and join in the daily work in the gardens—planting, weeding, harvesting. You might help prepare food or join in the many creative projects that are always ongoing. You may wander down for a moment of peace and contemplation around Mother Mary's pond, or meander around the labyrinthine paths of the medicinal herb garden, where you could run into a laughing child playing within its spirals. The forest around us will entice you into its folds, rejuvenating your spirit with its sounds and smells, soothing you with its lush green vegetation.

We have worked hard at creating a community and it is a continuing process. We have learnt the importance of communication, the fulfilling nature of service, and the joy of creating a wonderful lifestyle for ourselves and the children who are fortunate to be living here. Yes, each individual and family has had periods of hardship and difficulty, but we support each other emotionally and

spiritually, and we become stronger and more harmonious because of these personal or collective experiences. Today, I believe we can say we have a thriving, successful and happy community that is ready to welcome you for a visit.

We are an international community of fifteen permanent members that include artists, musicians, healers, gardeners, herbalists, therapists, authors, filmmakers, mothers, fathers, grandmothers, grandfathers and children. Between us we speak Polish, English, Spanish, German, Dutch, and French. But the true community size includes many people close to our hearts who are around the world living and spreading the life and knowledge of an intentional Homa lifestyle for free. With this community, a seed has been planted—a seed that will grow into a vast tree—and each branch is another community with its own growth, producing its own fruits, but nourished through the Earth by the same trunk, extending its branches high towards the sky to receive the light, for the health and good of the tree. I know this is the first of many communities, and each community will have its soul family, its own character, and purpose. Equally, I know that Agnihotra and Homa Therapy can be crucial for the survival and harmony of all these communities

Yes, I have a vision. We have a vision, you and we. And it is no longer that a New Age will be created; it **is** being created.

As a community, we are embarking on our grandest enterprise, a dream we have had for some time but which is rapidly gaining momentum. In 2010, the community designed a project to create the Centre of Light, a proposed ecological centre which would provide a venue for workshops promoting environmentally sustainable solutions, healing, and education. It is time now to build the Centre of Light, where a greater number of guests can stay to experience our Ecovillage and learn Agnihotra, where we can offer workshops on Homa communities, gardening, Agnihotra ash and Homa Herb medicines, Mandala art therapy, vegetarian and wild food cuisine, yoga and much more. It will be built using natural and ecological materials, and will become a hub of our community where we can better offer all our services and expand the knowledge of Homa Therapy.

This Centre of Light would work alongside the Bhrugu Aranya Ecovillage and create a working symbiotic relationship. The Centre would provide a means to support the growing community though cottage industry and services. Simultaneously, the Bhrugu Aranya Ecovillage would provide a real life, practical example of ecologically sustainable living. Together, the Centre of Light and Bhrugu Aranya would become a powerful force in educating the masses on the benefits of a healthy and Homa Organic lifestyle.

Donations are gratefully accepted to help bring this necessary dream into fruition. If you would like to make a donation or wish to know more about our community and Agnihotra, please visit the website www.homatherapypoland.org. For persons in the U.S. who would like to make a tax-deductible donation, please email info@agnihotra.org for details.

Bhrugu Aranya welcomes guests who are truly interested in experiencing our community. Please phone or email if you wish to visit us.

You can also visit Ecovillage Bhrugu Aranya on Facebook.

### Water Purification Ceremony in Japan

Reiner Szcypior

Dr. Masaru Emoto \* invited us to take action by joining in a ceremony for the purification of Fukushima. He is the messenger of water, tireless in his effort to raise the awareness of the people of how important it is to purify water, to heal oneself with water and to care for our water resources.

The ceremony was held at sunrise on July 25th at Onahama, Fukushima. One could still see the damage of the earthquake and the tsunami that had taken place there.

In his speech, Dr. Emoto said that he believes that Agnihotra heals the water in the soil and in the atmosphere, that the Agnihotra smoke can protect cows and fodder which are affected by radioactivity today in Fukushima.

Fivefold Path Mission, established by Vasant Paranjpe after the command of his Paramsadguru SHREE Gajanan Maharaj, is equally tireless in its effort to purify the elements of this planet with the saving grace of Agnihotra Homa.\*\* Now it is very impor-



tant for the nuclear experts to look at Agnihotra more closely and give full attention to it. *Homa Therapy, Our Last Chance* by Vasant V. Paranjpe makes several statements from ancient Vedic knowledge regarding radiation. *(Modern science still has to test these statements.--Ed.)* 

#### "Chapter 3—More About Agnihotra Homa

...When Agnihotra is performed, the Agnihotra smoke gathers particles of harmful radiation in the atmosphere and on a very subtle level, neutralizes their radioactive effect

"Agnihotra ash totally solves the radiation problem. Even more so Agnihotra negates its effect."

People in Fukushima need protection even more so than other people around the world. It is the duty of the scientific community to give them tools and knowledge to protect themselves. Fivefold Path Mission is at your service. We can show you Homa Therapy Technology. Life is precious. Life as a whole is threatened by radiation.

Love and gratitude to Dr. Emoto and his staff for creating awareness of the need to help.

Also love and gratitude to all the people around the world who are already involved in healing activities for our Mother Earth.

\* Dr. Emoto is President Emeritus of the nonprofit organization International Water For Life Foundation and the author of many books, including Messages from Water.

\*\* There are NGOs in various countries around the world whose volunteers are working hard to spread Homa Therapy to all people:

India: Fivefold Path Mission

website: www.fivefoldpathmission.org

Australasia:

Homa Therapy Association of Australia

website: www.agnihotra.com.au

#### Europe:

Fundacja Terapia Homa

website: www.homatherapypoland.org

Deutsche Gesellschaft für Homa – Therapie e.V.

website: http://www.homatherapie.de

#### North America:

Fivefold Path Inc.

website: www.agnihotra.org

#### South America

NGO Agrohoma

website: www.terapiahoma.com



Peace Ceremony



Dr. Emoto



Shinto priest's blessing



International musician Morgan Fischer



Dr. Emoto and Reiner Szcypior

# Antimicrobial Copper Kills 97 Percent of Deadly Bacteria, Reduces Infection Rate by 40 Percent

Johnathan Benson Staff Writer, Natural News

(As ancient Vedic knowledge states that copper and gold have special healing effects, and Agnihotra pyramids are made of copper, the following article may be of interest to **Satsang** readers.--Ed.)

Friday, July 15, 2011 (Natural News)

A new study presented at the World Health Organization's (WHO) 1st International Conference on Prevention and Infection Control (ICPIC) in Geneva, Switzerland, has revealed that the use of antimicrobial copper surfaces in hospitals helps reduce the rate of hospital-acquired infections (HAIs) by 40 percent. The metal also effectively kills 97 percent of bacteria, as well as many viral and fungal pathogens.

Conducted at three intensive care units (ICUs) in the U.S., the study found that when conventional surfaces were replaced with copper surfaces, patient HAI rates dropped by 40.4 percent. And direct tests involving deadly pathogens and copper surfaces revealed that the antimicrobial metal quickly and effectively kills the vast majority of pathogens it comes into contact with, including many pathogens that have developed resistance to antibiotics and other drug interventions.

"Copper's rapid destruction of pathogens

could prevent mutational resistance developing and also help reduce the spread of antibiotic resistance genes to receptive and potentially more virulent organisms, as well as genes responsible for virulence," said Prof. Bill Keevil, head of the Microbiology Group and director of the Environmental Healthcare Unit at the University of Southampton in the U.K.

"Additionally, copper touch surfaces could have a key role in preventing the transmission of healthcare-associated infections. Extensive laboratory tests have demonstrated copper's antimicrobial efficacy against key organisms responsible for these infections, and clinical trials around the world are now reporting on its efficacy in busy, real-world environments."

The findings support previous ones involving antimicrobial silver, which is also known to have powerful antibacterial, antiviral, and antifungal capabilities. In 2008, a company actually developed antimicrobial silver hospital pajamas for patients concerned about contracting deadly hospital superbugs like methicillin-resistant Staphylococcus aureus.

"Bacteria present on ICU room surfaces are probably responsible for 35 to 80 percent of patient infections, demonstrating how critical it is to keep hospitals clean," said Dr. Michael Schmidt, professor and vice chairman of Microbiology and Immunology at the Medical University of South Carolina (MUSC), one of the three hospitals involved in the trial.

"The copper objects used in the clinical trial supplemented cleaning protocols, lowered

microbial levels, and resulted in a statistically significant reduction in the number of infections contracted by patients treated in those rooms."

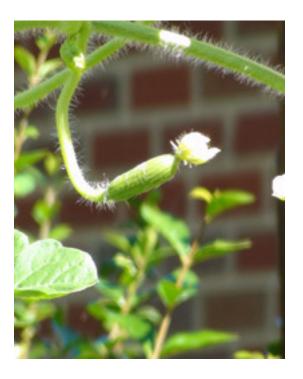
## Pure Organic Homa Therapy Ornamental Vegetable Xmas Tree Jungle Garden

Jamal Wilson Baltimore, Maryland, U.S.A

In an attempt to reflect that a very small twelve foot by fifteen foot piece of earth can produce enough food for a few families, we grew a trellis garden behind Melanie Burch's garage studio on St. James Road in Randallstown, Maryland, starting on May 15th, 2011. Stephanie Gasden and Freddie Lawrence expended great energy to erect the trellis.

We planted many edibles, including herbs, vegetables, strawberries, cantaloupes, watermelons, sweet potatoes, white potatoes, leafy green veggies, corn and so forth. We were told that our garden would not flourish because the plants were too close together., but we had had experience with intercrop growing since 1973 and knew otherwise. With the use of the special energies of the scientific Agnihotra fires and the resulting nutrient-packed Agnihotra ash, performed not only at Melanie's but in the greater nearby Resonance Point community as well, it was a no-brainer that crop production would be exceptional.

If you look closely, you will find cucumbers, tomatoes, squash and watermelons hanging from the roof of the trellis. We call this our "PURE ORGANIC HOMA THERAPY ORNAMENTAL VEGETABLE XMAS TREE JUNGLE GARDEN."





Above: The flourishing garden. Below: Stephanie and Freddie performing Yajnya in the garden



## Healing with Homa Therapy



A large watermelon hangs like a Christmas ornament from the top of the trellis.



#### Mani Grisales Armenia, Colombia, South America

I am 55 years old. Before, I hurt all over--my back, my arms, the whole body.

I went to the doctors and they prescribed acetaminophen. That did not help. I suffered for five years from these pains. The right leg used to get swollen and the pain in my knee would not let me do anything. I was in a very bad shape.

I've come five times to the Homa Therapy and I have taken the Agnihotra ash and now the leg is no longer swollen and I have no more pain in the body.

## From Shree Vasant's Teachings

Don't care what other people think. I know who you are. I know what you are. So if someone does not understand, then okay, you try to be a better person so that no one can find fault with you. You become an example. Then if someone says something bad about you, no one will believe it. So many people have tried to say bad things about me, so I just do not listen to it and go on. I do not talk bad about one person to another person. I do not get angry. I do not cheat anyone. So by doing all this we create good Karma for ourselves. It is not an act to be a good person, but it is a discipline. It is easy to give in to anger or to say something bad behind another person's back. So we must use self-discipline, Tapa.

If you tell someone what to do, then in a sense you are partially responsible. The person can always come back to you later on and say, "See, you told me to do this and I am unhappy". So you can give suggestions and, better yet, be an example, but you cannot tell people point blank, "Do this". That is interfering with their Karma and you suffer consequences on some level. It may not be noticeable but still what you do comes back to you.

We must carry the burden of past incarnations with us. Unless this Karma is worked through in this life, we again have to repeat

until we are clear of its influence. Now we are given an opportunity in this life to wipe out bonds of Karma.

Service is the best way to cleanse ourselves of KARMA, debts incurred in past lives and present as well. If you follow "Love thy Neighbor as Thyself" in thought, word and deed, you automatically become the fit instrument for service. This is how you get rid of the chain of Karma. The law of "reap as you sow" is inviolable. GRACE is an aspect of this law.

Speak less and less. In times of trouble silence is the only aid. Keep one hour of silence each day, preferably mornings, if possible.

Do not allow yourself to become a victim of confusion. Keep a positive attitude, no matter what. "Okay, let me try" should replace, "I can't do it." Remove "I can't" from your vocabulary for one month. This is your new TAPA.

Learn to think in a positive manner. Do not find fault with yourself as well as with others. Once you become more accepting of yourself, you will be better able to accept the differences of others.

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## FIVEFOLD PATH for Happy Living

- 1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.
- 2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).
- 3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

- 4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).
- 5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.